

SPRING 2015

Welcome!

Hello and welcome to the Spring 2015 issue of the RRC Newsletter - Health and Safety Business.

Here you'll find an overview of the most exciting and important developments at RRC and events we're involved in. As always, you can find more information on our website:

www.rrc.co.uk

Learning to Lead - Coming Soon!

I'm delighted to announce that RRC will be introducing a brand new RRC e-Learning course in Spring 2015 to help health and safety managers take control and lead from the front.

The new course - Learning to Lead - is designed specifically to develop essential leadership skills.

Learning to Lead has been developed in conjunction with Belfry Training - experts in leadership and development - and is designed to complement a range of different qualifications, including our existing range of health and safety, environmental and quality training courses. It introduces the main theories of leadership and explains how these theories can be applied. Most importantly, it provides you with the transferable skills you need to champion your agenda and be an effective leader in any environment - which is particularly important for health, safety and environmental managers who need to engage with people at all levels within their organisation.

Whether you're starting a new job, or looking for ways to improve the way you work with others, this course provides the first step on your journey into leadership.

If you'd like us to keep you informed about this new course, please email info@rrc.co.uk with "Learning to Lead" in the subject line and we'll send you more information soon.



RRC at Intersec

Once again, RRC exhibited at Intersec, Dubai's largest annual exhibition for the safety and security industry, with excellent results. Over the 4 days Hasan, Gary, Mohamed and Gareth met with existing and prospective clients and came away with over 160 leads to follow up.



As usual, the event had a great buzz to it and we look forward to seeing the fruits of our labour and attending again in 2016.

NEBOSH IGC Distance Learning

RRC's Distance Learning programme for the NEBOSH International General Certificate is now available in English, Arabic and French.

www.rrc.co.uk/nebosh/nebosh-certificate/nebosh-international-certificate.aspx

Distance Learning is part of RRC's heritage - it's how we started and we've reintroduced it to make our IGC qualification as widely accessible as possible.

We believe our training resources are the best on the market and we want them to be available to everyone, no matter where they are in the world - Distance Learning makes that possible.

Call us on +44 (0)208 944 3100 or email info@rrc.co.uk to discuss our Distance Learning programmes with a Customer Advisor.

UK Construction (Design and Management) Regulations 2015

Subject to Parliamentary approval, new Construction (Design and Management) Regulations 2015 (CDM 2015) will come into force in the UK on 6 April 2015.

The UK's Health and Safety Executive (HSE) has produced a detailed draft guidance document, based on the draft Regulations. If you can't wait to find out more, you can read about the draft Regulations and view the draft guidance for free on the HSE website:

www.hse.gov.uk/pubns/books/l153.htm

A set of draft industry guides based on the draft Regulations has also been produced by the Construction Industry Advisory Committee (CONIAC). These are available to view for free on the Construction Industry Training Board (CITB) website along with additional guidance for construction businesses:

www.citb.co.uk/health-safety-and-other-topics/health-safety/construction-design-and-management-regulations

If you're an RRC student studying a UK health and safety course, don't panic! We'll be providing details of any amendments you need to be aware of for your course as soon as possible. Until the Regulations are finalised, we can't confirm precisely what the changes required to each course will be, but we'll be working closely with awarding bodies to ensure we provide you with everything you'll need for your final assessments in plenty of time. Remember, new legislation is not assessed by NEBOSH until six months after it comes into force, so you will have time to study the relevant changes.

In the meantime, we'll be producing a Technical Update which will explain what's new in the 2015 Regulations and what's changed or been removed since the 2007 version. The Technical Update will be issued with the next edition of this newsletter, so keep a look out in your Inbox for that in May.

Meet Us At...

Below you'll find a list of all the events we'll be exhibiting at during 2015:

- **The Health and Safety Event**
24-26 Mar | NEC, Birmingham
Gareth (RRC's Head of Corporate Client Relations) will be there throughout the event, and I'll be joining him for guest appearances, alongside Kevin (RRC's Customer Care Team Leader)
- **Safety and Health Expo**
16-18 Jun | ExCel, London
Over the course of the exhibition you'll have an opportunity to meet virtually all RRC staff from our Head Office in Wimbledon (they don't get out very often, so make sure you say hello!)
- **Health and Safety North**
7-8 Oct | Bolton Arena, Bolton
The line-up is yet to be confirmed for this exhibition - watch this space!
- **SHE Show North East**
17 Nov | Newcastle Marriott, Newcastle
More information to follow

We hope to see you at an event near you!

If you ever want to double-check what's coming up, you can always check our website:

www.rrc.co.uk/news-resources/events.aspx

I look forward to seeing you soon.

All the best,

David Towlson
Director of Training and Quality





Student Focus

This is the section of the newsletter where we focus on any important updates to your course. Please review the following carefully for anything that may impact your studies.

Don't worry - we'll make all the amendments noted here to your online resources, too.

RRC Resources

RRC Environmental Law and Case Law Guide

We have made some minor amendments to the Environmental Law and Case Law Guide. If you are studying a national (UK) course, please note the changes below.

Control of Noise (Codes of Practice for Construction and Open Sites) (England) Order 2002

This entry has been updated in relation to the current Codes of Practice. You can access it by clicking on the following link:

[Control of Noise \(Codes of Practice for Construction and Open Sites\) \(England\) Order 2002](#)

Producer Responsibility Obligations (Packaging Waste) Regulations 2007

The last paragraph of this entry has been deleted and replaced by the following new paragraph:

“There have been various amendments to the Regulations since they were introduced, the latest being the **Producer Responsibility Obligations (Packaging Waste) (Amendment) Regulations 2014**. These amend these Regulations by changing glass and glass (recycled by remelting) waste recycling targets for 2013-17.”

The complete Environmental Law and Case Law Guide (in which the changes have already been made) can be accessed via your e-Zone Library or Learning Centre Resource Library.

Any changes required to your study elements as a result of the legislation referred to above are covered in the section of your course below.

NEBOSH National Diploma in Occupational Health and Safety

Unit B

Element B7

Syllabus section B7.1 includes the role of the Health Protection Agency/Health Protection Scotland. As the Health Protection Agency (HPA) is now part of Public Health England, we have:

- Amended references to the HPA in this element to reflect this.
- Updated the **More** boxes so that they now provide links to Public Health England.

Note: these changes will be made to your online material shortly.

You can access information from Public Health England relevant to this element at:

www.gov.uk/health-protection/radiation





Element B8

We have amended the text of this element to make reference to the **Criminal Law Act 1967**.

In the main section on **Assessment and Control of Work-Related Violence**, under the subheading **Beyond Health and Safety Law**, the second paragraph now reads:

“One of the most important legal principles here is the use of **reasonable force**. Section 3 of the **Criminal Law Act 1967** is concerned with the use of force in making arrest and replaces the rules of the common law on the question of whether such force is justified. It establishes that ‘a person may use such force as is reasonable in the circumstances in the prevention of crime, or in effecting or assisting in the lawful arrest of offenders or suspected offenders or of persons unlawfully at large’. Consequently:

- Members of staff are allowed to **defend themselves**, and others in their care, from physical assault.
- Members of staff, such as prison staff, security staff, police and psychiatric nurses, are allowed to **restrain individuals** for the purposes of their job, whether it is to arrest and detain, or prevent further crime or for the self-protection of the individual concerned.”

Note: this change will be made to your online material shortly.

Unit C

We have updated the study material for this unit to:

- Include reference to L101 *Safe work in confined spaces, Confined Spaces Regulations 1997, Approved Code of Practice and guidance* as a source of further information (Element C1).
- Include reference to L133 *Unloading petrol from road tankers - Dangerous Substances and Explosive Atmospheres Regulations 2002 - Approved Code of Practice and guidance* as a source of further information (Element C4).
- Focus on the key legal requirements for control of the use of hoists and lifts (Element C7).
- Include reference to GEIS6 *The selection, management and use of mobile elevating work platforms* as a source of further information (Element C7).
- Include reference to HSG136 *A guide to workplace transport safety* as a source of further information (Element C10).

Please refer to the following Supplement for the amendments:

[Unit C Supplement](#)

Note: these changes will be made to your online material shortly.

NEBOSH International Diploma in Occupational Health and Safety

Unit IA

Element IA1

We have amended the subsection in this element on **Social Accountability 8000** to cover the 2014 version of the standard.

You can access the revised subsection by clicking on the following link:

[Social Accountability 8000](#)

Note: this change will be made to your online material shortly.





NEBOSH National Diploma in Environmental Management

Unit ED1

We have updated the study material for this unit to include:

- The revised standard BS 4142:2014 *Methods for rating and assessing industrial and commercial sound* (Elements 4 and 12).
- End-of-waste criteria (Element 9).
- Changes to the recycling targets for glass and glass (recycled by remelting) (Element 9).
- The revision of BS 5228 *Code of practice for noise and vibration control on construction and open sites* (Element 12).
- The Sulphur Content of Liquid Fuels (England and Wales) (Amendment) Regulations 2014 and the Sulphur Content of Liquid Fuels (Scotland) Regulations 2014 (Element 13).
- Revocation of existing legislation by the Explosives Regulations 2014 (Element 13).

Please refer to the following Supplement for the amendments:

[ED1 Supplement](#)

Note: these changes have been made to your online material.

NEBOSH Certificate

NEBOSH National General Certificate

Unit NGC1

Element 1

We have updated the study material for this element to include recent statistics from the Health and Safety Executive.

In the main section on The Moral and Financial Reasons for Health and Safety, under the subheading THE SIZE OF THE PROBLEM, the first two paragraphs now read as follows:

“The following statistics are compiled by the Health and Safety Executive (HSE). These figures represent five-year averages over recent years. Up-to-date figures can be obtained from the HSE website (www.hse.gov.uk). (You do not need to remember the actual figures; we give them to highlight the scale of the problem.)

On average, in Great Britain, every year:

- 155 workers are killed at work.
- 22,480 workers suffer a major/specified injury.
- 59,436 workers suffer an over-7-day injury.
- 1.2 million people suffer from an illness they believe was caused or made worse by their current or past work.
- 27.5 million working days are lost:
 - 22.8m due to work-related ill-health.
 - 4.7m due to workplace injury.
- Over 2,349 people die from mesothelioma.”

Note: this change has been made to your online material.





NEBOSH Certificate

NEBOSH National Construction Certificate

Unit NGC1

Element 1

Please refer to the updated statistics above.

NEBOSH National Fire Certificate

Unit NGC1

Element 1

Please refer to the updated statistics above.

NEBOSH Certificate in Environmental Management

Unit EC1

We have carried out a substantial review of the study material for this unit to ensure that it covers all the requirements of the current syllabus and is up to date. While doing this, we have also taken the opportunity to improve the clarity of some of the wording.

The relevance of your current study material is unaffected by the majority of the changes. However, there are some amendments of significance which you do need to be aware of – these are outlined in the following table:

Element 1	<p>New Topic Focus box providing better detail on the mechanisms of global warming</p> <p>Replacement diagram of The Greenhouse Effect</p> <p>More detail on the mechanism of ozone depletion under the heading Air Pollution and the Ozone Layer</p> <p>Replacement diagram of The Hydrological Cycle</p> <p>Revised section on The Importance of Sustainability</p>
Element 2	<p>Revised Topic Focus box on ISO 14001</p> <p>New information on the revision of ISO 14001 to be adopted in 2015</p>
Element 3	<p>Revised subsections on Meaning of Aspects and Impacts and Aims and Objectives of Impact Assessment</p> <p>New text under the heading Evaluating Impact and Adequacy of Current Controls</p>
Element 4	<p>New subsection on Sources of Air Pollution</p>
Element 5	<p>Replacement diagram of The Hydrological Cycle</p> <p>Expanded text under the heading Impact of Water Pollution on Wildlife</p> <p>Revised section on Main Sources of Water Pollution</p> <p>Revised Topic Focus box on COD, BOD and TOD</p>
Element 6	<p>New Topic Focus box on Waste Minimisation</p> <p>New text under the heading Contaminated Land Liabilities</p>
Element 7	<p>Expanded text under the heading Examples of Fossil Fuels</p> <p>New text on the advantages and limitations of Nuclear Power</p>
Element 8	<p>Revised text under the heading Sources of Industrial Environmental Noise</p>
Element 9	<p>New Topic Focus box bringing together the text relating to COMAH</p>





Please refer to the following Supplement for further information about the above changes (which have already been made to your online material):

[EC1 Supplement](#)

NOTE

Some students have received a copy of Element 5 in which Revision Questions 2 and 3 are missing. We apologise for this omission – the questions are:

“2. State the two main categories of water pollution sources.

3. List any three of the main sources of water pollution.”

NEBOSH International Technical Certificate in Oil and Gas Operational Safety Unit IOG1

Element 1

We have updated the study material for this element in relation to the revised edition of the UK HSE guidance INDG163.

In the main section entitled **Risk Management Techniques Used in the Oil and Gas Industries**, under the subheading **PURPOSES AND USES OF RISK ASSESSMENT TECHNIQUES**, the first paragraph now reads:

“In their publication *Risk assessment: A brief guide to controlling risks in the workplace* (INDG 163(rev 4)) the UK Health and Safety Executive (HSE) describe risk assessment as:

‘not about creating huge amounts of paperwork, but rather about identifying sensible measures to control the risks in your workplace’.

Source: INDG163(rev4) *Risk assessment: A brief guide to controlling risks in the workplace*, HSE, 2014

www.hse.gov.uk/pubns/indg163.pdf

Note: this change has been made to your online material.

IEMA

IEMA Associate Certificate in Environmental Management

We have updated the study material for this course to include:

- The **Sulphur Content of Liquid Fuels (Scotland) Regulations 2014** and amendments to the **Sulphur Content of Liquid Fuels (England and Wales) Regulations 2007** (Element 3).
- BS 4142:2014 *Methods for rating and assessing industrial and commercial sound* (Element 7).
- Changes to the recycling targets for glass and glass (remelted) (Element 10).
- More recent legislation covering green claims (Element 11).

Please refer to the following Supplement for the amendments:

[IEMA Associate Certificate Supplement](#)

Note: these changes have been made to your online material.





IOSH

Managing Safely

We have updated the study material for this course to include:

- Recent statistics from the Health and Safety Executive (Module 1).
- An amended definition of auditing (Module 7).

Please refer to the following Supplement for the amendments:

[IOSH Managing Safely Supplement](#)

Note: these changes will be made to your online material shortly.





Examination Closing Dates

The registration dates for the next available sittings for the NEBOSH exams are listed below. Please make sure you are aware of any mandatory entry requirements, such as submission of coursework, attendance at workshops, etc.

Please note that the following information is based on the National dates set by NEBOSH. Some centres arrange 'local' examination dates, which will fall on different days.

Course	RRC Exam Registration Closing Dates	Examination Date
NEBOSH Award in Health and Safety at Work/Process Industries		
Units: HSW1, HSEP1 Call for exam venues	02/03/2015	02/04/2015
	05/04/2015	05/05/2015
	02/05/2015	02/06/2015
	07/06/2015	07/07/2015
	01/07/2015	04/08/2015
	01/08/2015	08/09/2015
NEBOSH National Certificate		
Units: NGC1, GC2, FC1, NCC1, EC1, NHC1	01/04/2015	03/06/2015
NEBOSH International Certificate		
Units: IGC1, GC2, IFC1, ICC1, IOG	01/04/2015	03/06/2015
NEBOSH Diploma in Environmental Management		
	01/05/2015	04/06/2015
NEBOSH Diploma in Occupational Health and Safety		
Unit A, Unit IA	01/05/2015	07/07/2015
Unit B, Unit IB	01/05/2015	08/07/2015
Unit C, Unit IC	01/05/2015	09/07/2015
NEBOSH Diploma in Occupational Health and Safety		
Unit D, Unit ID	RRC Assignment Registration Closing Dates	Assignment Submission Date
	01/04/2015	28/05/2015
	01/07/2015	27/08/2015
	01/10/2015	25/11/2015

RRC Middle East

Please click the following link to access RRC Middle East to check course dates and fees for 2015.

www.rrc.com.bh

